### THE CONTEMPORARY CLUB OF HO-HO-KUS NEWSLETTER





# A Message from our President, Shannon Taliercio

As I write this, a week after the close of the Ho-Ho-Kus Social Club, I am still on the mend. It was such a fantastic party, even the cops didn't want to leave!

I had the pleasure of working with the new members to plan this event and I would like to take a moment to recognize their hard work and talent. Because of their creativity, dedication and passion they were able to take us back to 1929 while helping to raise almost \$15,000 for organizations in their new hometown.

Annabelle Petriella, Jen Fox, Lindsay Wall,

Caroline Pitchley, Shannon Blanz, Holly Durrett,

Karen Weber, Christen Gross, Stacey Reddy, Pam

Lombardo, and Tracy Henderson – you did an incredible job and I look forward to seeing all the ways you will no doubt put your amazing talents to work leaving your mark on the Contemporary Club events to come. (cont'd on right >)

Summer is here and although we will not formally meet again until the Garden Party in September, I hope that you will continue to be involved in other ways. If you want to get out and have a spontaneous playground meet-up please post it on the CC Facebook page, you never know other women might be going just as crazy as you and enjoy the company to share.

If you meet someone new to town please drop a note to our new VP, Sara Clasen, and encourage them to get involved.

More importantly if you hear of a family in town that could use a little help or happiness please let us know, sometimes a small act of kindness can make a difference in brightening someone's day.

Have a fantastic summer!

Xo Shannon

# From 1st Vice President, Sara Clasen

**Hello ladies!!** If you have a new friend or neighbor in town and would love to get them involved in the club - please be sure to send their contact information to me. We would love to see some new faces! Email me at: **sarachrisnyc@yahoo.com** 

# From 2<sup>nd</sup> Vice President, Sheri Ash

We passed around the clipboard at the Closing Dinner to sign up for 2014-2015 committee and volunteer positions. Regular members are asked to sign up for one committee and one volunteer slot. Please contact me at snastasi23@yahoo.com if were unable to sign up. There are still a few slots open.

Please remember that your dues must be paid before you can sign up.





Shannon Blanz and her husband, Mathew welcomed their third child, a baby boy named Mathew, born on May 22nd.

Lindsay Wall and her husband, Damian welcomed a baby girl, Hadley Mae, born on May 30th. She joins big brothers, Hudson and Darvin.

Meal requests have been sent out. If anyone hasn't received the meal invite, please contact Lauren Samman: zaccardi25@aol.com

# Social Services: Community Meals, Inc.

As many of you know, the Contemporary Club has a standing commitment to **Community**Meals, Inc. to deliver meals to homebound seniors on the first Tuesday of every month. It takes about an hour and is relatively easy to complete, but the gratitude on the faces of the meal recipients really does touch you. It is a small kindness but it makes a big impact on the lives of elderly people in our community. We hope the following information will help you better understand our role in Community Meals, Inc. and encourage you to sign up to help if your schedule allows.

LOCATION: Community Meals, Inc is based out of Christ's Church in Ridgewood (105 Cottage Place), across the street from the Stop and Shop. When facing the front of the church, the kitchen is located at the far left, back side of the building and has a separate entrance (there is a grey steel door up a small flight of stairs). There is parking available in this general area.

**TIME:** Please arrive at Christ Church at 11:00am. If this is your first time volunteering we would recommend arriving at 10:50am to get acquainted with the procedures. You should be finished by 12/12:30pm.

**ROUTE:** We are currently covering Route #1, which delivers primarily to Ridgewood and Ho-Ho-Kus.

**PROCEDURES:** Upon entering the kitchen, you should be greeted by a staff member. S/he should help direct you towards a stack of white binders. Locate the binder for Route #1, and read over the delivery route and detailed instructions. You will be delivering hot and cold meals to about 10 people listed in the binder. The meals are to be transported in coolers; you will have one cooler for the hot meals (red) and one for the cold meals (blue). The blue coolers are already packed and

left outside the kitchen door for you take. The red coolers are inside and require that you pack them with the appropriate number of meals. Locate the coolers marked with a #1 for Route #1. The binder provides the delivery route, maps, addresses, meal types, and specific instructions (where to leave the meals, dietary restrictions etc.). If you are working as a team, usually one person will drive and the second will navigate the route and deliver the meals. Once the meals have been delivered you return the empty coolers and the binder back to the kitchen at Christ's Church.

### **IMPACT STATEMENTS:**

- "Thank you for helping me. Your service saves me from going to a nursing home."
- "Mom gets her meals delivered not the days we can't see her. Community Meals really helps our family."
- "The meals have helped me very much. They meet my dietary restrictions and are very affordable."
- "The volunteers are wonderful people who really care. In fact, 3 are old friends!"

# MORE INFORMATION ABOUT COMMUNITY MEALS, INC.:

- Community Meals, Inc. is a private non-profit service organization that delivers meals to the homebound Monday through Friday, excluding six major holidays.
- Those who qualify for meals are ill or disabled, even temporarily, and who are unable to prepare or obtain meals for themselves and live in Allendale, Glen Rock, Ho-Ho-Kus, Midland Park, Ridgewood, Waldwick and part of Saddle River.
- Menus for the meals are planned and prepared by the Food and Nutrition Services Department at The Valley Hospital.

#### Check out:

http://www.communitymealsonwheels.org for more information.

# CC of HHK Happenings:

## 2014 Scholarship Awarded

helps build schools in rural Cambodia.

This year, our \$2,000 scholarship was awarded to Meaghan Crabill. She is a NHRHS senior planning to study economics at the University of Virginia starting this fall. Not only did she have an exceptional academic record, Meaghan is editor-in-chief of her school newspaper, captain of the Fed Challenge team, and an accomplished dancer. She is also the cofounder/CFO of non-profit organization, Compassion for Cambodia, which promotes education and

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Thank you all for your fundraising efforts making this scholarship possible and to Jessie Cecala and Megan Perna for their help on the scholarship committee!

## Member Profile: Karen Gartman

Meet **Karen Gartman:** wife, mom and entrepreneur. Learn more about how Karen is turning a passion for vintage lighting fixtures into her own business. Visit http://ccofhhk.com to learn more!

